




September 2010



Sun	Mon	Tue	Wed	Thu	Fri	Sat	
			1 Tai Chi 10am Gentle Yoga 6:30pm	2	3 Jaws & Joints Water Exercise 10am	4	
	5	6 CLUB CLOSED Labor Day	7 PVH Discussion 10-11am Euchre 7pm	8 Tai Chi 10am Gentle Yoga 6:30pm	9 Community Forum 10:30am	10 Jaws & Joints Water Exercise 10am	11
12	13 Jaws & Joints Water Exercise 10am	14 PVH Discussion 10-11am PHCA Board Meeting 6pm M.O.M. 7-9pm	15 Volunteer Lunch 12 Noon Gentle Yoga 6:30pm	16	17 Jaws & Joints Water Exercise 10am Art Reception 6-8pm	18	
19 Art Minders 2-4pm Pot Luck 5:30pm	20 Jaws & Joints Water Exercise 10am	21 PVH Discussion 10-11am Euchre 7pm	22 Tai Chi 10am EARC 3pm Gentle Yoga 6:30pm	23 Community Forum 10:30am	24 Jaws & Joints Water Exercise 10am	25	
26	27 Jaws & Joints Water Exercise 10am	28 PVH Discussion 10-11am Euchre 7pm M.O.M. 7-9pm	29 Tai Chi 10am Gentle Yoga 6:30pm	30			



Willow Lake Club

3707 Greenleaf Circle Kalamazoo, MI 49008
[www.unitysecurity.com/Parkview Hills Tip Site/](http://www.unitysecurity.com/ParkviewHillsTipSite/)
 Password: Parkview

Phone: (269) 372 - 4444
 Fax: (269) 372 - 0368
 Security: (269) 806 -0474

Visit us at www.parkviewhills.net