



The Warbler



The purpose of Parkview Hills is "to preserve as near as may be in an urban setting the amenities of a natural environment,...and to give the strongest practical consideration to the preservation of the natural features of the environment..."

Parkview Hills Community Association

May 2011

Willow Lake Club May / June Activities

PHCA Annual Board Meeting
Tuesday, May 10, 8pm

Trail Committee Meeting
Thursday, May 5, 8am

EARC Meeting Wednesdays, 3pm
May 25 & June 22

Pool Opening Party & BBQ
Thursday, May 26, 6-8pm

Garage Sale
Saturday, May 14, 8am-2pm

Artist Reception Fridays, 6-8pm
May 20 & June 17

School Election Voting
Tuesday, May 3, 7am-8pm

Community Potluck 5:30pm
Sunday, May 15

Coffee Break 10am-Noon
Wednesday, June 8

Breakaway Bike Clinic
Thursday, May 5,
9am-Noon & 1-4pm
Rain Date May 12, same times.

Art Minders Sundays, 2-4pm
May 22 & April 17

Jaws & Joints Water Exercise
Mondays and Fridays, 10am
\$4/residents \$5/Guests

Tai Chi for Health Wednesdays,
10am \$4/Resident \$5/Guest

Body Love Pilates Thursdays,
6-7pm \$10/Per class

Mind Over Matter (M.O.M.)
Tuesdays, 7-9pm
5/10, 5/24, 6/7, and 6/21

PHCA ANNUAL BOARD MEETING

TUESDAY, MAY 10, 8:00 PM

**All residents are invited and encouraged to attend the Parkview Hills Community Association Annual Meeting at the
The PHCA Board New Member: David Magerlein**

Lifelong resident of Kalamazoo. Educated in Kalamazoo and Portage schools, graduate of Kalamazoo College, and received PhD in Industrial and Operations Engineering from the University of Michigan. Worked more than 30 years for The Upjohn Company, Pharmacia & Upjohn, Pharmacia, and finally Pfizer as an operations research consultant, project manager, and industrial engineer, specializing in computer simulation models, data analysis, scheduling, risk analysis, resource allocation, and process design. In short, a professional problem solver in all matters quantitative. Retired at the end of 2008. Resident of Parkview Hills since 1978, living for four years in the Willow Creek apartments, then six years in the Glens, and in the Cliffs since 1988. Member of the Board of Directors of the Cliffs Association since 2008, and President since 2009. Former Board member of the Kalamazoo Bach Festival Society, and former Council member of the Guilds of Kalamazoo College. Volunteer at the USTA Nationals.



"Obsessive power walker who makes the Energizer Bunny"

Willow Lake Clubhouse

Club Office: 372-4444
PVH Management: 375-0327
Unity Security- 806-0474

Clubhouse hours 9-6 daily
Keyless Entry 5am-11pm

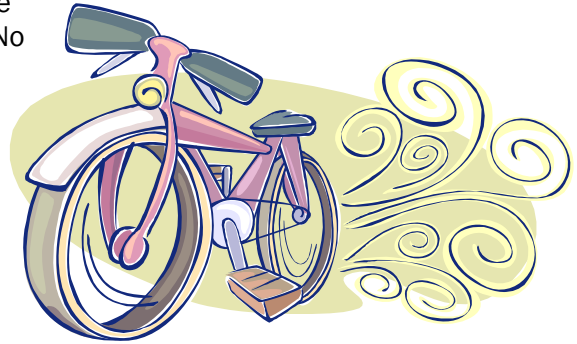
The Clubhouse will be Closed on:

- Mother's Day, May 8th
- Memorial Day, May 30th
- Father's Day, June 19th

Breakaway Bicycles tune up clinic at Parkview Hills

Residents...bring your bike to the Parkview Hills Clubhouse and we will bring it back to life! We will adjust, lubricate, tune, and pump your tires compliments of Parkview Hills Community Association. We will have some basic parts if needed, such as tires, tubes, and cables for purchase. If more extensive work is needed, we can take your bike with us to our service department if you so desire. See you then! No registration necessary!

Free to Residents!
Thursday, May 5th
9 am-12 Noon & 1-4pm
Rain Date May 12th



Community Forum

The Parkview Thursday Forum meeting from 11:30am to 12:30pm in the Clubhouse Dining Area on the 2nd and 4th Thursdays of the month, invite you to join them in their discussions. Many bring their own lunch or snacks. Focus for May 14- "Should public employees and government workers continue to have the right to bargain collectively?" Focus for May 21—"The coming crises in population growth and world supply, particularly as affected by dramatic climate change."
Discussion materials available at the Clubhouse office.

"MOM"

Need/want to quit smoking, overcome stress/tension and sleep better? MOM—Mind Over Matter has helped many since 1968. Pick up a full description of the MOM program at the clubhouse. Your first MOM session will be Tuesday,

NEWS FROM THE BOARD

We are preparing for the summer season. Spring cleanup and summer annuals will go in as soon as the frost threat clears. On Sunday May 8 PHCA and Martell's is co-hosting a Spirit Station at our front entrance in support of the Borgess Marathon. Come out for a good time and to support our community. We are working with Martell's and other area business to develop mutual beneficial promotions.

The outdoor pool will be ready by May 26 for the annual pool party.

The PHCA board has hired SKP Design as a marketing and design consultant. Sondra Philips will be working with the board to create a freshened logo, branding theme and tag line. Some changes to the signage, appearance of the entrance and clubhouse may also result. We expect to promote the benefits of Parkview Hills to the greater Kalamazoo community.

The 2011 annual meeting is Tuesday May 10th at 8:00 p.m. in the clubhouse all residents are encouraged to attend. The meeting will include a summary of our financial results, annual budget, committee reports and the community president's report and most important, resident comments and questions.

It's Garage Sale Time!
Saturday, May 14th 8:00
am – 2:00 pm

This is your chance to buy and sell treasures from all over our Parkview Hill's Community. Tables for the garage sale may be set up at the clubhouse or in the area where you live. Since this event is open to the public, we will publish a map showing the locations of all participants and hand it out to shoppers as they arrive.

Need to rent a table? Reservations and payments are due prior to Friday, May 6th. To rent a table, you must agree to set-up your items for sale at the clubhouse, and pay a \$10 rental fee. Tables will be delivered to the Clubhouse on Friday, and will be available for you to use all day Saturday.

Call the clubhouse to sign up by Friday, May 6th!



We have WALKERS ... WILDLIFE.... and OTHER DRIVERS....
Please drive twenty-five!

Outdoor Pool Opening Party & Barbecue

Thursday, May 26th, 6 to 8 pm



MUSIC - BEER - WINE - SOFT DRINKS - BARBECUE - ALL FREE!

It's "everyone in the pool" at our "Pool Opening Barbecue"! Don't miss this party—it is the event of the season! Bring your swim suit and appetite. Enjoy music, complimentary drinks, snacks, grilled hamburgers, veggie burgers, and hot dogs. Meet new and old friends and neighbors. Rain or shine, be ready to take the plunge!

Food and drinks are complimentary, but please bring donated items for Pretty Lake Vacation Camp!



Donation Requests for: PRETTY LAKE VACATION CAMP (Collecting donations through May)

Clothing

(gently used or new for youth and adults)

- ◆ Bathing suits (*one-piece if for females*)
- ◆ Wind pants
- ◆ Sweatpants
- ◆ Sweatshirts
- ◆ New white socks
(*prefer crew or athletic socks*)
- ◆ Athletic shorts
(*elastic-waist only, no zippered shorts*)

New underwear

- ◆ White briefs for males and females –
(*youth sizes 8-16 , adult women's 5-10 and adult men's 28-34*)

Health & beauty items

- ◆ Hairbrushes
- ◆ Hair picks
- ◆ Bug spray (*without deet*)
- ◆ Toothbrushes and toothbrush covers
- ◆ Travel-size toothpaste
- ◆ Large bottles of sunscreen (*30+ SPF*)
- ◆ Hair ties

Arts & crafts items

- ◆ Markers
- ◆ Beads
- ◆ Tape (*masking, duct and scotch*)
- ◆ Colored pencils
- ◆ Pencil sharpeners
- ◆ Clothing line rope
- ◆ Lanyards
- ◆ Miscellaneous items

Sports Equipment

- ◆ Hula hoops
- ◆ Jump ropes
- ◆ Kick balls
- ◆ Miscellaneous items

Other Ways to Help

Cash or checks are always appreciated, as are gift certificates to Michael's, Target, Meijer's, Sam's and Wal-Mart for various materials used throughout the summer.

****All donations are tax-deductible!****



To learn more about Pretty Lake Vacation Camp, to see the complete wish list, or to make an on-line donation, please visit www.prettylakecamp.org. For questions, please call Sue at (269) 375-1950 x 119 or email at Sue@prettylakecamp.org.



Plein Air Artists of West Michigan is a fellowship of artists who find inspiration and artistic growth through the challenges of painting directly from nature.

Our goal is to create a friendly, cooperative network for area plein air painters by offering opportunities to paint at locations across the region, plan museum and studio tours, host workshops, support member shows and encourage a deeper connection with the proud tradition of plein air painting. Many of PAAWM's artists are represented by some of the finest galleries in the state, others are just beginning their journey.

Discover painting in its purest form, meet new friends and watch your ability to paint grow at the same time. The struggles can be humbling but the rewards can be amazing. Whether you're a seasoned painter or just picking up a brush for the first time, Plein Air Artists of West Michigan welcomes you! And Parkview Hills welcomes you and your beautiful pieces of art.

Art Minders Event

Free, open to the public

ARTISTS' RECEPTION

Friday, May 20th
6-8pm

Parkview Hills Clubhouse

Plein Air Exhibit
displayed May 3- June 29

NEXT ART MINDERS MEETINGS
SUN, MAY 15 & SUN, JUNE 19
1-3 PM - JOIN US!

"Kauffman's Fields for Fresh Cut"
Karen VanDam Michmerhuizen



"Morning Mist"
Charles Schadel



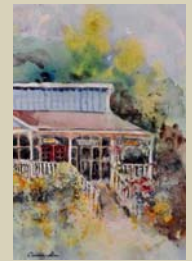
"Spirit Springs"
Christine Hartzell



"Orchard in May"
Kathleen Kalinowski



Blandford Nature
Center



Healthcare Reform

The Good, the Bad And the Ugly.

This month Attorney Joseph R. Hawver, and Wendy Priest **FIC**, present **Dominic Siciliano**, Michigan's resident expert on the **Patient Protection and Affordable Care Act**.

The PPACA or Obamacare was passed in March 2010 and has been scrutinized by "experts" ever since. This month it's your turn.

This month's discussion will focus on the "nuts and bolts" of the Healthcare Reform Act and give you some real world examples of how the bill will affect you today and into the future.

As always, we will provide ample time to answer any specific questions you may have.

The discussion will be held in the Clubhouse on May 19th from 10:00 to 11:00 am.

Refreshments will be available.

KALAMAZOO MARATHON

The Kalamazoo Marathon will be on Sunday May 8. The runners will be going past Parkview Hills. Martell's and Parkview Hills are working together to make this a fun event. There will be music and dancing. The events will be held at the entrance. So get your dancing shoes on and join us, and help cheer the runners on. Be sure to bring your lawn chairs. You will be able to park on the street. The party should be starting between 8:30 & 9:00

CAR WASH

So many of the residents have asked to bring back the popular car wash. We are planning on doing this; the date would be Saturday August 20 from 11:00 a.m.- 2:00 p.m. In order to make this happen we would need a lot of volunteers. We would have two shifts 9-11 a.m. and 11 a.m. till 2:00 p.m. We will have a signup sheet in the clubhouse. Please consider volunteering at this fun event. July 13 is the last day to sign up.

Get the Warbler Online and Much More at www.parkviewhills.net!

Garlic Mustard Alert!

Our old enemy is “rearing its ugly head” in large patches throughout Parkview Hills. One need not look far to find it in wooded areas or disturbed soil. Scientists continue to research biological control methods and there may be an insect on the horizon that could be used to manage it. In the meantime, hand-pulling is still considered the most effect non-chemical method.

Garlic mustard is (if you need a reminder) a biennial invader that is gradually taking over the wooded areas in Parkview Hills. The leaves are dark green and heart-shaped with rounded, coarse-toothed edges. Garlic mustard smells like garlic, or onion when crushed-a good test for correct identification.

Please bag your pulled plants, roots and all, and PHCA grounds staff will pick up your bags if you call PVH Management Office @ 375-0327.

Alert neighbors and PHCA Management when you find large infestations anywhere in Parkview Hills. Supplies for pulling are available at the management office or at the clubhouse if you need them.

Native Plant Sources

Plants that are native to SW Michigan provide a rich and varied source of beauty and ecological health for lawns and gardens in our area. They are needed to replace invasive species that threaten Parkview Hills. The benefits of native plants are varied and many. They include provision of food and shelter for wildlife, erosion control, improvement of water quality, drought tolerance, and distinctive flowers and foliage. Please note the list of native plant growers below. They are recommended by the Prairie Garden Gardeners.

Local Native Plant Growers

Geum Services, Inc
www.prairiesmoke.com
(269)370-0151 or (269)370-0984

Mary Ann's Michigan Trees & Shrubs
www.maryannstrees.com
(269)580-4765 (seeds only)

Hidden Savana Nursery
www.hiddensavanna.com
(269)352-3876

Wildtype Design, Native Plants & Seed, LTD
www.wildtypeplants.com
(517)244-1142 (Mason area)

Michigan Wild Flower Farm
www.michiganwildflowerfarm.com
(517) 647-6010 (seeds only / Lansing)

TRAVEL TRAVEL



with the
Portage Senior Center

Call (269) 324-9239 for
information on any of these
trips and more!

Dear Parkview Residents:

The Portage Senior Center has lots of exciting new trips for 2011. Here are just a few to wet your appetite. Come travel with us! Please call if I can answer any questions. Johanna Thompson 324-9239.



WHO'S THINKING ABOUT SPORTS?

Detroit Tigers vs. New York Yankees, May 5. \$114 members; \$124 others.
Chicago Cubs vs. Houston Astros, June 1. \$75 members; \$85 others.
Detroit Tigers vs. Chicago White Sox, September 4. \$98 members; \$108 others.

DAY TRIPS

Tip Toe through the Tulips, May 2. This trip to Holland features visits to Holland Museum, Cappon and Settlers House, and your choice of Windmill Island or Veldeer Tulip Farms. \$60 members, \$70 others.

Nunset Boulevard, May 12 in Munster, Indiana. In this performance the Little Sisters of Hoboken are invited to sing at the Hollywood Bowl. They are thrilled at the prospect until they realize that they are booked into the Hollywood Bowl-A-Rama! Lunch included. \$92 members, \$102 others.

NEW!!! Oak Ridge Boys, June 4 at Shipshewana, Indiana. Experience the Grammy, Dove, CMA and ACM award-winning OAKS, one of the most distinctive and recognizable sounds in the music industry! Oaks concert, preshow entertainment and famous Blue Gate Restaurant meal included. \$85 members, \$95 others.

Red, Hot & Blue! June 16 at Bear Creek Farms, Bryant, Indiana. Enjoy a nostalgic journey through Big Band 40's Era, Rockin's 50's, eclectic 60's, disco flash 70's and an All American salute to our veterans. \$104 members, \$114 others.

Don't Hug Me, June 28 at Cornwell's Dinner Theater in Turkeyville. Award-winning musical comedy show with lunch. \$65 members, \$75 others.

Broadway Bound, July 13 at Drury Lane Theater in Oakbrook, Illinois. Among the very best of the many great Neil Simon's comedies, this semi-autobiographical play is expectedly funny and unexpectedly moving! Show with lunch, \$105 members, \$115 others.

EXTENDED TRIPS

Mystery Trip, May 18-19. \$210, double, members; \$260 others. Join Joyce Branch on one of her famous "Marvelous Mystery Trips"! This trip will involve animals, water, some famous places, beer and more!

Trains & Canyons of the East, August 20-27. Motorcoach and scenic train excursion, Grand Canyon of Pennsylvania, Corning Museum of Glass, Rockwell Museum of Western Art, Sonnenburg Mansion and Gardens, Belhurst Castle, Lucas Vineyards, Watkins Glen State Park, Lucy-Desi Museum and more. \$1,258 double, members; \$1,308 others.

Mackinac Island – MRPA Senior Trip to the Grand Hotel, September 27-30. Feel pampered as you join hundreds of other seniors for the Michigan Recreation and Parks Association Senior Trip to the elegant Grand Hotel. \$805 double, members; \$855 others.

Groups & Activities

There's always *something* going on in Parkview Hills... Drop in on one of our many groups and activities today!

Art Minders

Sundays, 2–4pm
May 22 & April 17

Jaws & Joints

Water Exercise

Mondays and Fridays, 10am
\$4/residents \$5/Guests

Tai Chi for Health

Wednesdays, 10am
\$4/Resident \$5/Guest

Body Love Pilates

Thursdays, 6–7pm
\$10/Per class

Mind Over Matter (M.O.M.)

Tuesdays, 7–9pm
5/10, 5/24, 6/7, and 6/21

Birth Matters Group

Wednesdays, 12 Noon
5/4 and 6/1

Discussion Group

Tuesdays, 10–11am

Community Forum

2nd & 4th Thursdays,
11:30am

For more information on any group or activities, just call the clubhouse front desk at 372–4444!

Check us out online at
www.parkviewhills.net !



The Shoppes at Parkview Hills

~Martell's

3501 Greenleaf Boulevard

Located in the former Black Swan restaurant, this fun and delicious restaurant offers diners professional and courteous service while overlooking beautiful Willow Lake through their floor-to-ceiling windows. Enjoy homemade pastas, delicious steaks, artful sandwiches and more! *Thursdays after 4p.m. all house Martini's just \$4!*

Hours:

Monday-Thursday	11:30-10:00
Friday-Saturday	11:30-11:00
Sunday	4:00-9:00

For more information, call us at (269) 375.2105, or visit us online at www.TheNewMartells.com

~Balance~Massage & Bodywork

3303 Greenleaf Boulevard

Jennifer E. Tamang, CMT specializing in Integrative Massage Therapy, Massage Cupping Therapy, Rain Drop Therapy, and Ashiatsu Oriental Bar Therapy.

Visit us online at www.balancemassageandbodywork.com

Hours:

M, W, Th, F	11:00a.m. – 7:00p.m.
Tuesdays	10:00a.m. – 5:00p.m.

To schedule an appointment or get more information, call (269) 808-1855 or e-mail to tamangcmt@yahoo.com

~Awake and Aware

3331 Greenleaf Boulevard

Thursday Evening Yoga 5:30p.m. – 7:00p.m.

Cost: 7 sessions / \$64.00 Drop in cost: \$14.00 per class

Enjoy an evening practice! Open your being to a new kind of flow! Are you looking for more flexibility and strength, or balance and calm; make your move this Spring and get your FREE EVALUATION. We can guide you to the yoga class or type of massage most suitable to your needs.

Visit www.awakeandaware.net to see more class types and schedules.

Contacts: Gina Greene 269-544-0310 Cynthia Hoss 269-352-7323

~Certified Massage Therapists

3217 Greenleaf Boulevard (in the Landmark House)

Teresa Anne Resnick, CMT since 1984

Teresa offers Therapeutic Massage, Reflexology (foot work) and relaxing, basic facials (no extractions) at her office. She specializes in pain management, trigger point therapy, Swedish and deep tissue massage. Please call Teresa at 269-372-0707 for explanation of any of these services. Classes for self-care provide stretching and joint mobilization. Limited seating.

Margaret Bruder, CMT

Margaret offers Swedish massage, Trigger Point Therapy, and Craniosacral Therapy. She has over 20 years experience in Kalamazoo and Nationally Certified. . Call 269-271-1977