

Kid's Halloween Party Saturday, Oct. 31, 2-4 pm

Wear your costume and enjoy some spooky fun and scary treats (and tricks).

Sign up your kids and grand-kids at the front desk by Monday, October 26 to guarantee enough fun for all!

October Artist of the Month Stan Rajnak

Botanical Prints & Ceramics

Friday, October 9

Artists' Workshop, 6:00–7:00 p.m.

Artist Reception, 7:00 – 9:00 p.m.

October's featured artist will be Parkview Hills resident Stan Rajnak. Since his retirement from the Mathematics Department at Kalamazoo College he has devoted much of his time to conservation work with the Southwest Michigan Land Conservancy, utilitarian and sculptural ceramics, and botanical pressings. His Land conservancy work has strongly influenced his art in shape, surface, and esthetic. This exhibit will contain pressings of leaves, grasses, ferns, lake weed and ocean marine algae, collected from the Kalamazoo area and from the California and British Columbia coasts. The ceramics will be (more or less) utilitarian objects with shapes and surfaces inspired by nature – trees, rocks, nests...

There will be a reception on Friday October 9, from 7 to 9 PM. Before the reception, from 6 to 7, the artist will hold a hands-on workshop showing how to make greeting cards from locally available fall leaves. It is easy and does not require any fancy equipment. There will be a \$2 charge for materials which will all be provided.

Parkview Hills

Community Forum "The Best Congress Money Can Buy?!"

Thursdays, Oct. 1 & 15, 10:30 am

Parkview Hills Forum meets in the clubhouse from 10:30 – 11:30 a.m. on the first and third Thursdays of the month. Everyone is welcome to 'drop in' at any session.



The Little Warbler

Parkview Hills Community Association

October 2009

EARC Reorganization

Effective January 1, 2010, the Environmental and Architectural Committee (EARC) is being reorganized. To help facilitate quicker responses to requests, the number of voting members will be reduced from seven to three. In addition to the voting members, consultant Larry Harris and representatives from Parkview Hills Management and the PHCA Board will continue to attend meetings as valuable resources. Regular monthly meetings will be held unless canceled for lack of agenda items.

Please consider applying for the EARC, a committee vital to maintaining and enhancing the environmental beauty of Parkview Hills. The committee's general responsibilities will continue to include (1) handling requests for tree removal and exterior building alterations and (2) taking on projects self-initiated or assigned by the PHCA Board

Membership is open to all residents, including those currently on the EARC. Applications to become one of the three voting members are available at the clubhouse front office or on the internet at www.parkviewhills.net (click on Meetings and scroll down). Please turn in your completed application to the clubhouse office by October 31.



Free Workshop and Free Test which may give Immediate Relief

Wednesday, October 28
8 p.m.

If you or someone you know suffers with:

- ⇒ Fibromyalgia
- ⇒ RSD
- ⇒ Rheumatoid Arthritis
- ⇒ Insomnia
- ⇒ Anxiety
- ⇒ Digestive Trouble
- ⇒ Chronic Migraines

Do you wonder what's wrong? Find out....Presented by:

Dr. James Stroupe

The Foundation for
Wellness Professionals

Call 372-4444 to reserve your spot!

Flu Shot Clinic

Thursday, October 22

9 a.m. – 12 Noon & 4 – 7 p.m.

This year Borgess Visiting Nurses will be offering the traditional flu shot (\$33), pneumonia shot (\$52.50) and the flu mist (\$28) which is for healthy individuals between the ages of 2-49. Both flu and pneumonia shots are covered by Medicare B. For those paying privately for their immunizations, they will provide a receipt to submit to your insurance company.

OKTOBERFEST Happy Hour

Wednesday, October 14, 6 - 8 p.m.

Complimentary Beer, Wine, Chili,
Snacks & Soft Drinks, and dress
warm for Horse-Drawn Hay Wagon
Rides!!

No reservations necessary!

